



WASTE CONTRACTORS &
RECYCLERS ASSOCIATION
OF N.S.W

The Waste Contractors and Recyclers Association of NSW is pleased to offer the following training to our Members:

TLIF2010 – Apply Fatigue Management Strategies

The course has been designed to meet:

1. The nationally recognised unit of competency “TLIF2010 – Apply Fatigue Management Strategies” from the Transport & Logistics Training Package (TLI10/Release 1.0); and
2. The needs of drivers of heavy vehicles (including owner drivers), and associated supervisors and managers, working in the Waste Management Industry.

The course is designed to provide you and your staff with driver fatigue management knowledge and to assist your business to:

- Be familiar with, and understand, the laws for heavy vehicle driver fatigue management which commenced in September 2008.
- Decide on a work/rest option: e.g. Standard Hours, Basic or Advanced Fatigue Management.
- Identify and effectively manage all chain of responsibility requirements.
- Achieve NHVAS accreditation in either Basic or Advanced Fatigue Management.

Whether your organisation is adopting Standard Hours or seeking Accreditation in Basic or Advanced Fatigue Management ... this is the courses for you!

The course covers:

Requirements of the heavy vehicle road transport laws:

- What is work time? What is rest time?
- Fatigue management options
- What businesses are required to do
- WHS implications
- Driver responsibilities
- Obligations for Waste Management Industry operators

What is fatigue?

- Common symptoms
- Effects
- Identifying and prioritising causes

Managing fatigue:

- Company systems, policies and procedures
- Personal strategies and actions
- Risk management
- Developing a Personal Fatigue Management Action Plan

There will be a written assessment at the conclusion of the training session.

To participate, each student requires a Unique Student Identifier. A USI can be obtained from <http://www.usi.gov.au/Students/Pages/default.aspx>

COURSE BOOKING FORM, DURATION & COSTS

Course Name: Apply Fatigue Management Strategies
Course Duration: 4 hours
Course Location: WCRA Wetherill Park, OR
Client premises (costs to be determined depending on location)
Fee: \$270 per participant (GST not applicable)
Fee Covers: Training and take away materials
Certificate of Attainment for successful completion.

Sessions run subject to a minimum number of 10 Attendees and a maximum of 15 Attendees.
A minimum fee of \$2,700 will apply per session

To register for these courses, please complete the following form and return to WCRA
(email: memberservices@wcra.com.au / fax: 02 9604 7256)

Booking Details		
Organisation		
Contact Person Name & Phone No.		
Postal Address		
Course Date		
Total Amount	\$	\$270 per Attendee (minimum 10 Attendees), or \$2,700 per session (maximum 15 Attendees)
Credit Card Type	Please Tick: Visa () MasterCard () Amex () Cheque ()	
Credit Card Holder		
Credit Card Number		Expiry Date / /
Signature		

Please update below as details are known.

	Attendee Name(s)	Unique Student Identification Number
1		
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14		
15		

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